

## **Helke Sander**

### **Farewell to Sex**

*and other stories about growing old*

156 pages

Euro 16,90 € (D)

published in August 2011

ISBN 978-3-88897-728-2

In many ways we are fortunate to be growing old in the 21st century, but we do face challenges wholly new in the history of humankind. Sex in old age has recently become a popular topic, but what is the real story?

In a tone unmistakably her own, filmmaker and author Helke Sander recounts the stories of women (and men) who are facing up to the challenges of getting older in highly individual ways. Take the librarian in her late forties: her daughter has left home, she's lost touch with former lovers, but has had enough of living alone. So how does she go about meeting a man? An ad in a personal column, perhaps? Is she the "someone to laugh and cry with" so many are looking for? Yikes. Or there's the woman for whom sexual relationships seem to be a closed chapter. Yes, but in the light of the general trend, do we simply bid farewell to sex, as generations of women have done before us?

Light, ironic stories, in which the lives we lead collide with the blueprints for life with which all protagonists enter the stage, told with wonderful wit and a touch of melancholy, so that you simply can't stop reading and can't stop thinking that that's just the way life is.



© Verlag Antje Kunstmann

## **Helke Sander**

Helke Sander, filmmaker and author, was born in Berlin and was a founder member of Germany's women's movement. She was professor at the Academy of Fine Arts in Hamburg and has taught at different institutions around the world.

Her literary works include "Die Geschichten der drei Damen K" (The Stories of the Three Ladies K) and "Oh, Lucy".